

# VILLAGE SPIRE

March 2019



## Welcome Breakfast and Guest Preacher Sunday, March 17



On Sunday, March 17 we will welcome our new NH UCC Conference Minister, the Rev. Gordon Rankin. Rev. Rankin will be our guest preacher during our 10:00 a.m. worship service, and he will also speak about some of the exciting things going on in our conference and the wider United Church of Christ at a special breakfast before worship hosted by the men of our church. The breakfast will be held from 8:00 to 9:00 a.m. in the community room.

All are welcome to attend, but reservations are required for breakfast. Please RSVP no later than March 10, to either Don Lyon or to Andrea in the church office. If you can help with breakfast that morning, please contact Don Lyon at [5panthera9@comcast.net](mailto:5panthera9@comcast.net).

## “Help! Thanks! Wow!”

Maureen Frescott, Acting Senior Pastor  
March 2019

*“Prayer means that, in some unique way, we believe we’re invited into a relationship with someone who hears us when we speak in silence.”*

—Anne Lamott

According to writer Anne Lamott there are three essential prayers we all say: “Help,” “Thanks,” and “Wow.” We draw God into conversation when we’re in need, when we’re grateful, and when we’re in awe. Our prayer may be prompted by a debilitating illness, an unexpected gift, or an amazing sunset. Each has the power to put us on our knees, or put a smile on our face, or leave us quietly whispering in a pew in the hope that someone is listening.

Truthfully, there aren’t many of us who have a regular practice of prayer. We may participate in the unison prayers we say in worship on Sunday mornings, and add our own prayer to the Joys and Concerns, either publically or silently. We may also on occasion lift up a prayer outside of the sanctuary walls - when we’re standing in a hospital room, or sitting around the dinner table, or taking in the view at the summit of a mountain hike. But most of us are not accustomed to beginning or ending our day with prayer, or taking time in the midst of our busyness to check in with God with a simple expression of “help,” “thanks,” or “wow.”

Continued on page 3

## Adult Ed Series

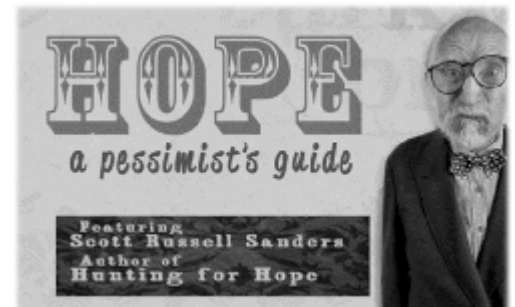
### HOPE: A Pessimist’s Guide

Wednesdays, March 6 and 20, 10:00-11:30 a.m.

Is there reason to hold onto hope in a world that often feels hopeless? The answer is a resounding YES! We’ll explore the HOW’S and WHY’S of holding onto hope in this challenging and inspiring eight-part series. Noted author and UCC pastor, Dr. Eric Elnes, is joined by Scott Russell Sanders, author of the book *Hunting for Hope*, and other notable progressive Christian voices. The series challenges us to see HOPE as a viable force in our world, and explores ways we might harness its energy for a better future. Each session features a 20-30 minute video followed by discussion. Participants are welcome to read Sander’s book as a companion to the series but it’s not required.

#### Series Schedule

January 16 – “What is HOPE?”  
February 6 – “Hope in BODY”  
February 20 – “Hope in FIDELITY”  
March 6 – “Hope in JUSTICE”  
March 20 – “Hope in SIMPLICITY”  
April 3 – “Hope in BEAUTY”  
April 17 – “Hope in SPIRIT”  
May 1 - “Hope in WILDERNESS”



## March Worship Services at a Glance

|          |  |
|----------|--|
| March 3  | Communion Sunday   |
| March 6  | 7:30 p.m. Ash Wednesday  |
| March 10 | Woman’s Association<br>Sunday                                  |
| March 17 | 8:00 a.m. Men’s<br>Breakfast, Rev. Gordon<br>Rankin preaching  |
| March 24 | New Members Sunday,<br>congregational meeting<br>after worship |
| March 31 | Worship For All Ages<br>“Abundance”                            |

## VILLAGE SPIRE

A Parish Newsletter  
Editor, Andrea Cyr

The Congregational Church  
United Church of Christ  
11 Church Street  
Amherst, NH 03031

Sunday Worship Service 10:00 a.m.  
July & August Worship 9:00 a.m.

Church school and nursery care available.

How to reach us:  
Office Phone (603) 673-3231  
[www.ccamherst.org](http://www.ccamherst.org)  
[Facebook.com/ccamherst](https://www.facebook.com/ccamherst)

The church office  
is open Monday–Friday,  
from 9:00 a.m. to 3:30 p.m.

Send in all news by the  
15<sup>th</sup> of the month.

Announcements  
for the Sunday bulletins  
are due Thursdays.

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### OUR CHURCH STAFF:

Maureen R. Frescott  
*Acting Senior Pastor*  
[pastormaureen@ccamherst.org](mailto:pastormaureen@ccamherst.org)

Katherine Rogers  
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Marilyn Gibson  
*Church School Coordinator*  
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## New Local Mission Outreach!



LOCAL MISSION! NO EXPERIENCE NECESSARY! LEARNING OPPORTUNITY! We are excited to be joining Greater Nashua Habitat for Humanity's (GNHFH) upcoming project to build a new affordable home in Wilton. Once complete, this home will be purchased with an interest-free mortgage by a local family selected by GNHFH. We hope to provide a rotating group of 5 to 10 volunteers 1-2 days a month to support GNHFH's core build team, and anticipate starting in May or June, depending on their build schedule.

If you would like to be on the "interested volunteer list," please contact Nancy Protzmann (321-7099 or [uvmcats84@gmail.com](mailto:uvmcats84@gmail.com)). If you are not interested in being in a construction group, but are interested in volunteering, there are other volunteer opportunities as well.

If you would like to know more details about Habitat for Humanity or the build project, please reach out to Dave Poltack ([dpoltack@comcast.net](mailto:dpoltack@comcast.net)) or Dave Phelps ([kalben2@comcast.net](mailto:kalben2@comcast.net)). More information on this mission outreach opportunity will be provided as the project start nears and we have more specific details.

GNHFH website: <http://www.nashuahabitat.org>

## The Progress Continues! *Our Time, Our Turn Update*

A heartfelt thank you to all who attended the January 27 Capital Campaign update meeting! The campaign team greatly appreciates your enthusiastic support of the campaign and the progress that has already been made. As a result of the gifts and pledges we have already received, our building team of Jack Buben, Anne Krantz, Dick and Sue Stout, John Swanson, Doug Topcliffe (chair), Charlie Vars, Todd Whitney and Alicia Wight can now begin securing contracts for work on several projects in our master plan. As you can see, they have been hard at work. Please remember that we only authorize work when we have funds in hand.

To date, the team has:

- Ø Selected a chimney mason and have signed a contract with him; work tentatively scheduled for early Spring (April).
- Ø Selected and have under contract a roofing firm to replace the parsonage roof after the chimney is repaired.
- Ø Selected and have an alarm company under contract for new panel and equipment; expected to be completed by the end of March.
- Ø Continued to request quotes for electrical work. An Eversource preferred provider has done an energy audit on the entire church (meetinghouse and school wing, etc), evaluating all lighting and replacement w/ LED, and will facilitate the rebate from Eversource directly for clients.
- Ø Made an informal presentation to the Historic District Commission about the short-term plans (chimney, roof) and longer term (exterior and window restoration) plans for the parsonage.

Barbara Williams and her committee (Pat Buben, Dave Chen, Anne Krantz, and Nadine Obermiller) are continuing to research grant opportunities. Paul Spiess and Travis Warren are continuing their outreach to community members.

Help us celebrate our progress to date! Join us on Sunday, March 31 for *Meet Your Meetinghouse* from 1:00 to 3:00 p.m. Invite friends and neighbors for an exciting program with speakers, tours and refreshments. More details to follow.

**“Help! Thanks! Wow!,”** continued from page 1

Setting aside a regular designated time to talk to God is known as a *prayer practice*. Part of the reason why we may avoid doing so is because of that word “practice.” We think we’re supposed to be good at it. And consistent. And well versed in the lingo of speaking to God. The word practice may also stir up memories of running through scales on the piano, or flipping through flash cards before a math exam, or hitting endless balls off a driving range tee. We hear “practice” and we think repetitive, boring, mind-numbing, and hard. But talking to God is anything but.

As we move into March and begin the season of Lent, we’re offering an opportunity (dare I say, “challenge”) to explore what it means to adopt a practice of prayer. On Wednesday evenings during Lent, we’ll gather in the parlor for a simple yet satisfying meal of soup and bread, and we’ll talk about what it means to be in conversation with God. We’ll read excerpts from Anne Lamott’s book, *Help, Thanks, Wow: The Three Essential Prayers*, and explore what it means to give ourselves permission to speak to God in the same way we speak to our human confidants. What we say to God does need to be well thought out or perfect. Our thoughts do not need to be polished or profound. Our manner does need to be proper and reverent. We are free to express our joy and sorrow, our fear and frustration, our angst and anger.

As Anne Lamott writes:

*Prayer is taking a chance that against all odds and past history, we are loved and chosen, and do not have to get it together before we show up. The opposite may be true: We may not be able to get it together until after we show up in such miserable shape. Prayer is our sometimes real selves trying to communicate with the Real, with Truth, with the Light. It is us reaching out to be heard, hoping to be found by a light and warmth in the world, instead of darkness and cold.*

Prayer is essential to our commitment to following Christ as individuals, and it’s essential to our commitment to living out our mission as a community of faith. Creating the space and the time to speak with and listen to God helps us to discern where God is leading us and helps us to know when we’re living out God’s will – which is always based in love, and when we’re being pulled along by our own will – which too often is based in fear.

If you’re up for the challenge of learning how to make prayer a regular practice in your life, or if you’re in need of some space in your life – just an hour and a half each week – where you can explore what it means to be in relationship with God, I encourage you to join us for our Lenten Supper Series. Four Wednesdays in Lent – March 13, 20, and April 3, 10. Four opportunities to say to God: “Help! Thanks! Wow! and Amen.”

Peace and blessings,

*Pastor Maureen*



## Worship Recordings

We are happy to announce that recordings of our worship services are now available. The link is [https://drive.google.com/drive/folders/1DOTJig2--NXEq\\_F7AZOJ8pAFpfbDbWeW](https://drive.google.com/drive/folders/1DOTJig2--NXEq_F7AZOJ8pAFpfbDbWeW) and can be found on our website under the Publications tab. A huge THANK YOU to Herb Archer for all his work in making this possible.



## Ash Wednesday Service

March 6 at 7:30 p.m.

Join us in the sanctuary as we begin the season of Lent with our traditional Ash Wednesday service. We will come together for a time of contemplative prayer, readings, special music, communion, and the distribution of ashes.

*“Create in me a clean heart, O God, and put a new and right spirit within me. Restore to me the joy of your salvation, and sustain in me a willing spirit.”* – Psalm 51

Wednesdays during Lent

## Lenten Soup & Study Series



March 13, 20,  
April 3, 10  
6:30-8:00 p.m.

Join us in the parlor on four Wednesday evenings during Lent for delicious soup and engaging discussion based on the wonderful book *Help Thanks Wow: The Three Essential Prayers* by Anne Lamott. Together we’ll explore how to live in relationship with God through prayer (see Pastor Maureen’s Spire Message this month for more info!) We’ll gather at 6:30 p.m. for a light supper of soup and bread and the discussion will run from 7:00-8:00 p.m. Pastor Maureen and Pastor Kate will alternate as facilitators of the sessions. The book is available for purchase for \$12 in the church office. Even if you haven’t read the book, all are welcome to participate in the meal and discussion!





### Small Groups Bring Us Closer Together and Closer to God!

Our theme this year is The Lord's Prayer – the familiar words which encompass so much of our human experience and our relationship with God.

In March, our focus verse and theme is "Forgive Us Our Debts: Guilt and Shame." Debts, Sins, Trespasses, Transgressions – however we say the Lord's Prayer, we may stumble over this part, which has us admitting our shortcomings before God and others. Why are we often reluctant to do so? What is it about the word "sin" that brings up feelings of guilt and shame? How has our religious upbringing shaped the way we talk about our failings? How do we seek forgiveness from others (and God) if we haven't yet granted ourselves forgiveness?

#### March Meeting Schedule:

- First Tuesday Group, March 5, 1:30 – 3:00 p.m.
- Sunday Group, March 10, 11:30 a.m. – 1:00 p.m.

#### Upcoming Group Discussion Topics:

- April: As We Forgive: Neighbors & Enemies
- May: Into Temptation: Addictions & Distractions
- June: Deliverance From Evil: Dark Forces

If you're interested in joining one of our groups, please contact Pastor Maureen at 673-3231 x11 - [pastormaureen@ccamherst.org](mailto:pastormaureen@ccamherst.org).

## Pastoral Needs Assessment/ Pastoral Transition

Members of the Pastoral Transition team will be available in the meeting room after worship on Sundays, March 3, 10 and 17, for anyone who may have questions or who would like to voice their thoughts and ideas on the pastoral needs assessment options presented at the February 17 Pastoral Needs Assessment forum. The options are scheduled for a vote on Sunday, March 24.

Please feel free to contact any of the pastoral transition team members if that is more convenient for you. The presentation materials from the February 17 and 24 forums are available electronically or via hard copy in the office or at the discussion sessions for anyone that is interested.

Transition Team members are Sally Bowkett, Judi Dunbar, Maureen Frescott, Susan Holden, Roger Hooper, Vicky Leknes, Susan Manchester, Nancy Protzmann, Will Redway, Doug Topliffe, Todd Whitney, Tim Wiegand.

### Are You Ready to Join?

Anyone interested in becoming, or just thinking about becoming a member of the Congregational Church of Amherst, UCC, is cordially invited to attend one of two orientation sessions scheduled for Thursday, March 14 and Tuesday, March 19, at 7:00 p.m. in the parlor. New members will be formally received on Sunday, March 24. For more information or to sign up for one of the orientation sessions, please contact Andrea in the church office at [andrea@ccamherst.org](mailto:andrea@ccamherst.org) or 673-3231. Also, feel free to talk with either pastor or any deacon (green name tag folks). We look forward to hearing from you.





## Church School

*"God made the earth; we must take care of it,"* has been the church school theme throughout the fall and winter terms. We are taking care of God's creation, with a total of seven mission projects thus far—in September, donating paper towels to the Bedford Animal Shelter 'til February, donating gently used prescription eyeglasses to the Amherst Lions Club.

The spring term starts on March 3, and we continue to care for the Earth and serve our neighbors near and far. Our March mission project is a collection for Milford SHARE Food Pantry. Each Sunday church school children will donate items including soup, pasta, pasta sauce, peanutbutter, canned fruits and vegetables, juices, cereal, condiments, and cooking oils. When donating, each child will receive a ticket for a lottery, as well as a token of thanks. We encourage you to give your donations to a church school child – Pre-K through grade 7 – as a contributor.

While you review our spring calendar posted on our church's website, look for an opportunity to take part in the Christian formation of our children. Each lesson emphasizes Jesus' presence in our lives, no matter who we are or where we are, God will be with us always. There is a Bible story that you can personally share with the children in grades Pre-K through 4. Contact Marilyn Gibson at 673-3231, ext. 20 or [mgibson@ccamherst.org](mailto:mgibson@ccamherst.org).

## Prayerful Playgroup

### Faith Formation and Fellowship for Parents and Guardians

*DATE CHANGE: In honor of February school break, Prayerful Playgroup is moved to Fridays, March 8 and 22, 9:00–10:30 a.m. (this change is for one month only).*

Calling all parents and guardians! Join us every first and third Friday of the month for fellowship and faith formation. Your child can play in the nursery while we explore questions of life and belief together through study, discussion and shared experiences.

All are welcome to join this bi-weekly group of young parents seeking to form deeper relationships in faith—whether you go to this church, or any church, or not at all! In the UCC we say, "No matter who you are or where you are on life's journey, you are welcome here."




## Come Sing with Us!

The Youth Choir rehearses in the vestry every Sunday after worship!

All ages are welcome. Questions? Please contact Sara Phelps, Director of Music, at [kalben1@comcast.net](mailto:kalben1@comcast.net).



## Senior High Youth Group

Time Jumps Back to 

Hi SHYG! As the sun goes down later, so do we! We will return our regular meeting time at 6:00 p.m. starting March 3. Questions, Comments, Concerns? Email Kate at [pastorkate@ccamherst.org](mailto:pastorkate@ccamherst.org)

## Pew Bibles

The Diaconate is preparing to replace the current pew Bibles with ones that are the New Revised Standard Edition (the version we read from on Sunday mornings.)

You can donate a Bible for \$10 in memory of a loved one or in celebration of a blessed event. Forms will soon be available Sunday mornings.

Thank you and blessings from the Diaconate .

## Worship For All Ages

March 31 - 10:00 a.m.



In March, our "Worship For All Ages" service will take place on the LAST SUNDAY of the month. This family-friendly service is shorter and more interactive than our traditional service, and each features a special theme. Our theme for March is "Abundance: Receiving and Giving." Parents have

the option of having their children stay in worship for the entire service, or sending them off for an all-ages church school lesson after the passing of the peace.

## Financial Summary

(as of January 31, 2019)

|            | YTD<br><u>Budget</u> | YTD<br><u>Actual</u> | <u>Difference</u> |
|------------|----------------------|----------------------|-------------------|
| Income     | \$276,548            | \$253,866            | \$(22,682)        |
| Expenses   | \$266,826            | \$265,355            | \$ 1,472          |
| Net Income | \$ 9,722             | \$( 11,488)          | \$(21,210)        |

*Numbers have been rounded to the nearest whole dollar; as such, some columns may not appear to total correctly.*



## Meet Your Meetinghouse!

Join us for a community-wide event Sunday, March 31 from 1:00-3:00 p.m.

Steve Fifield of Fifield Building and Restoration will speak about the restoration of our iconic steeple.

Learn about the legacy of our meetinghouse.

Hear local residents relate their stories of growing up in Amherst.

All are welcome. Invite a friend!  
Free admission.  
Refreshments served.

## Special Opportunities to Serve

Community Supper Needs Volunteers: Our next supper is on Thursday, March 7 in the community room. If you can help prep, setup, greet, serve, cleanup, or provide desserts please contact John Swanson or Nancy Protzmann.

Election Day Capital Campaign Brochures: We will have a table at the town election on Tuesday, March 12 from 9:00 a.m. to 8:00 p.m. We are looking for volunteers to man 2-hour shifts during this time, to answer questions about the Capital Campaign and hand out brochures as part of our community effort. Visit our website to sign up, or contact Susan Holden (566-2394) for more information.

Nursery Volunteers: Love little ones? We are looking for extra hands in the nursery. If you can help on a Sunday from 10:00 to 11:00 a.m. it would be greatly appreciated! Please contact Marilyn Gibson (673-3231 ext 20).

Fellowship Hosts are needed to help with coffee during Fellowship Hour. Please sign up in the community room after worship, or contact Roger Hooper (673-7032).

## “Spark Joy!”

### Declutter and Donate Good Stuff to the Rummage Sale

Spark some joy! Marie Kondo, author of the book, *The Life-Changing Magic of Tidying Up* and host of the popular Netflix series, *Tidying Up*, advises one key to a happy life is keeping only items that bring you joy...thank the items you no longer need and give away those in good shape and discard the rest.

What have you got that you no longer need or find joy in? Donate those items to the Woman's Association's Spring Rummage Sale. Let someone enjoy those items anew!

Looking for GOOD STUFF for the spring sale April 12 & 13. Help us make this a quality sale! Now accepting:

- Clean and wearable clothing—spring and summer women's, men's, children's and infants'.
- In good condition:
- Jewelry, antiques and vintage items, collectables
- Toys, games, puzzles, children's books
- Linens, table cloths, mats, towels, clean bedding, curtains
- Small household items, home decorations, holiday décor
- Kitchen utensils, dishes



Please do NOT donate: bicycles, sports or exercise equipment, computers, TVs, car seats or other baby furniture, large appliances, large furniture, text books, encyclopedias.

A local consignment shop has donated items to the WA for the sale.

Proceeds from the sale are used to support church activities such as the Capital Campaign and the senior high youth mission trip. WA also supports various local charities including SHARE, Camp Allen, Bridges, the Blue Bus, Anne-Marie House, and Holiday Toy Store.

Bring your donations downstairs to the church vestry. Follow signs to designated areas.

We can help with drop-off! Call Sally Bowkett, 673-7409 or Alicia Wight 603-345-0155 with questions or to arrange for help with drop-off.

Happy spring cleaning! And thanks for your support!

## Liberty Is Our Motto!

Thank you to all who came out for our historical program on the Hutchinson Family Singers of Milford. This free, entertaining program was presented in our sanctuary by Steve Blunt, and funding was provided by the NH Humanities Council. A great time was had by all, and we appreciate everyone's support!





## Greek Revival Influence In Design of Our 1836 Church Façade and 1846 Parsonage

Anne Krantz, Historian

The Greek Revival architecture style (1825 - 1860) incorporated architectural features and motifs adapted from the newly discovered ruins of the ancient Greek civilization. Greece had been controlled by the Ottomans from 1460 and was inaccessible until the end of War of Independence from Turkey in the 1820s - 1830s. When it was opened up, archeological investigations of the ancient cities began which revealed a totally new look: bold, massive, angular, simple and almost modern-looking. It was a complete reversal from the previous elaborate Georgian and Federalist architectural styles that were popular in England. After the vicious War of 1812 with England, America was ready to discard and move away from British influence in architecture and was also done with using British names for new towns. New names in New York state were Syracuse, Rome, Utica and Troy, Camillus, Cicero, Cincinnatus, Corinth, Fabius, Greece, Ilion, Ithaca, Junius, Macedon, Marcellus, Pompey, Romulus, Scipio, Sempronius, Sparta, Ulysses, and Virgil!!!

This new and widely popular architectural style coincided with the move and redesign of our meetinghouse in 1836. A Greek Revival façade was superimposed over the new gable front of the meetinghouse. Additionally, our parsonage house built in 1846 is a model Greek Revival home.

When NH architectural historian James Garvin spoke at our 275<sup>th</sup> anniversary program in 2017, he remarked on the odd, yet pleasing combination of the Georgian tower and steeple with the Greek revival church front. The decorative elements of the tower; the balustrade with urns at the corners and the lovely six sided bell tower with graceful arches finished with handsome moldings are Georgian touches. The result is a tower that soars gracefully above the solid Greek Revival structure below. Of course they were built at different times; the tower in 1771 and the front in 1836, reflecting the popular architectural style of the year built. Happily it works!

Design books like the *Architect or Practical House Carpenter (1830)* by Asher Benjamin provided scale drawings for Greek architectural design elements. It was a do-it-yourself book to be used and copied by carpenters. Apparently the person who designed our new front had access to this very book. The simplicity of our façade is typical of the new architectural style that imitated the Greek buildings built of granite. This solid look with smooth surfaces was easily reproduced in wood because of the plainness of design: straight lines with no difficult and time-consuming curves. All was white, because it was not discovered until later that the Greeks actually painted their buildings in vivid colors!

The specific Greek Revival features on our church front are the triangular pediment, the area under the roof. The curve-louvered opening centered in the middle of the pediment is the only curved line in the façade and perfectly unites the two different styles, Georgian above and Greek below. It actually is the covering over the original tower window that is still there - keeping out the bats.

The pediment triangle is outlined with wide moldings. The horizontal base of the triangle is called the entablature, and appears to rest on four pilasters or flat columns that suggest Grecian columns.

The three handsome front doors are the crowning achievement of this Greek Revival design. They are perfectly proportioned and executed. Greek architecture did not know arches so these flat-topped doors are classic, as are all the subtle design features.

The panel just below the top molding has a very slight beveled surface, a sophisticated touch. The rectangular transom windows with the interesting pattern of glass panes, and the fluted column-like trim beside the doors are typical. But the exquisite Greek key decorative molding next to the transom windows is a superb example of Greek influence. This decorative motif is made from straight boards, easy for country carpenters to measure out and build. What could be more perfect!

Many of these same design features are used in the classic Greek Revival Parsonage built in 1846. The gable front has the defining triangular pediment that appears to sit on the solid corner posts, which are really wide wood trim boards. Porches were another important Greek Revival feature. As seen in the photo, the original parsonage had a wrap-around porch that went across the front. We don't know when it was removed. But hidden under the porch roof at the corner of the house is a beautiful classic Greek Revival inset front door with the typical side lights.

Because of the porch roof, there was not room for a transom window over the door. The handsome wide moldings and panels indicate that this was a well-built house for the time. The windows are original with mostly original glass.



One of three front doors to the church showing the molding.



Parsonage front door.

The Congregational Church  
11 Church Street  
Amherst, NH 03031

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March 2019

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in the U.S. needs blood.  
**American Red Cross**

**Blood Drive**  
**Amherst Congregational Church**

In the Community Room  
11 Church St  
Amherst, NH 03031

**Friday, March 1, 2019**  
**12:00 PM to 5:00 PM**

Please call 1-800-RED CROSS (1-800-733-2767) or visit [redcrossblood.org](http://redcrossblood.org) and enter:  
ACC NH to schedule an appointment.

**Streamline your donation experience and save up to 15 minutes by visiting [RedCrossBlood.org/RapidPass](http://RedCrossBlood.org/RapidPass) to complete your pre-donation reading and health history questions on the day of your appointment.**

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